



# VOLLEYBALL WINTER 2016



## After-School Volleyball

**6-10 yrs / 6 or 8 classes, start dates & prices below**

Practice makes perfect! This program is for beginners who enjoy this exciting sport and want to learn the basics. Individual players develop new skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn to pass, hit, set and serve.

6 classes / \$47

RP6400.603	Running Brook ES	Jan 27	4-5 PM	W
RP6400.601	Thunder Hill ES	Feb 1	4-5 PM	M

8 classes / \$63

RP6400.602	Dayton Oaks ES	Jan 5	3:25-4:25 PM	Tu
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## Instructional Volleyball League

**6-10 yrs / 8 wks, start dates below / \$99**

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. The first 4 weeks are instructional practices, the final 4 weeks are scrimmage games. Fee includes t-shirt.

N Laurel Comm Ctr / Jan 2

RP5893.604	6-7 yrs Beginner	1-2:10 PM	Sa
RP5893.605	7 yrs Advanced — 9 yrs Beginner	2:20-3:30 PM	Sa
RP5893.606	8 ½ yrs Advanced — 10 yrs	3:40-4:50 PM	Sa

Roger Carter Comm Ctr / Jan 23

RP5893.601	6-7 yrs Beginner	1-2:10 PM	Sa
RP5893.602	7 yrs Advanced — 9 yrs Beginner	2:20-3:30 PM	Sa
RP5893.603	8 ½ yrs Advanced — 10 yrs	3:40-4:50 PM	Sa

## Volleyball Skills Development

**8-18 yrs / 8 classes, start dates below / \$125**

Practice makes perfect! This program is for new players who enjoy this exciting sport and want to learn the basics. Individual players develop skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving.

8-12 yrs

RP5892.601	N Laurel Comm Ctr	Jan 25	6-7:30 PM	M
RP5892.602	Gary J Arthur Comm Ctr	Jan 20	7-8:30 PM	W
RP5892.603	Roger Carter Comm Ctr	Jan 21	6-7:30 PM	Th

13-18 yrs

RP5892.611	N Laurel Comm Ctr	Jan 25	7:30-9 PM	M
RP5892.612	Gary J Arthur Comm Ctr	Jan 20	7-8:30 PM	W
RP5892.613	Roger Carter Comm Ctr	Jan 21	7:30-9 PM	Th

## Youth Volleyball League (Formerly MVL)

**10-16 yrs / 8 wks starting Jan 17 / \$130, \*\$60 head coach's child**

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "Good Sports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-Certified Parent Coaches provide a quality recreation environment for our players, parents, coaches and spectators. Weekly practices are scheduled between 5-9 PM on a weekday at a Recreation & Parks indoor facility depending on team placement and coach's availability. Matches are on Sundays between noon-4 PM at Meadowbrook Athletic Complex. Players are placed on teams after a skills evaluation scheduled for Sunday, January 17, time TBD. Specific details on one-hour matches/practice times are communicated after each season's skills evaluation. The YVL is for novice to experienced players who wish to learn more about the sport. Registration deadline is January 10.

Matches: Meadowbrook Ath Comp / Practices: TBD

RP5891.601	10-12 yrs	RP5891.602*	10-12 yrs
RP5891.611	13-14 yrs	RP5891.612*	13-14 yrs
RP5891.621	13 yrs (adv.)-16 yrs	RP5891.622*	13 yrs (adv.)-16 yrs

## School's Out Volleyball Tune-Up

**9-15 yrs / 3 days starting Dec 28 / \$99**

Sharpen your volleyball skills and develop new ones in three condensed sessions. Skill instruction includes serving, passing, setting and hitting. The coaching staff and curriculum focus on having fun while learning through drills and games in an encouraging environment.

RP5892.651	N Laurel Comm Ctr	9 AM-noon
RP5892.652	N Laurel Comm Ctr	1-4 PM

## Co-Rec Volleyball League

**18 yrs + / 8 wks plus playoffs starting Jan 10 / \$220**

The volleyball leagues play 6-on-6, with rosters up to 12 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes schedule, facility, awards and administration. Teams are required to pay game official fees of \$20 on the court at each match. Register by January 3; by November 29 to receive a 10% discount.

RP5890.601	Roger Carter Comm Ctr	4-10 PM	Su
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**Information:** Carson Nickell, 410-313-4720

or [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

**Registration:** 410-313-7275, [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap), or 7120 Oakland Mills Road, Columbia, MD 21046.

## Concussion & Sudden Cardiac Arrest Information

Read concussion and sudden cardiac arrest information at [www.howardcountymd.gov/concussion.htm](http://www.howardcountymd.gov/concussion.htm) and [www.howardcountymd.gov/suddencardiacarrest.htm](http://www.howardcountymd.gov/suddencardiacarrest.htm). Review of this information is required by law before you are allowed to register for youth sports programs.

## Financial Assistance

Limited financial assistance available for Howard County residents who qualify. Information: 410-313-4659.



**Howard County**  
RECREATION & PARKS



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